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## Clothing List

This Clothing List includes trip clothes and in-camp clothes. Trip clothing should be strong, comfortable, and durable. Bear in mind that canoe tripping can be very tough on clothing: bring nothing that you would not be prepared to see torn or covered in mud. The choice of clothing you take on trip will go a long way to keeping you warm and comfortable. Clothing for the time you are in camp can be anything you would normally wear in the summer with the emphasis on comfort rather than durability.

For further information about asterisk (\*) items, please see the "Notes on Trip Gear" section.

### Sleeping Gear

- 1 sleeping bag\*
- 1 pillow and pillow case
- 1 pair of pajamas
- 1 blanket (optional)

### Shirts & Pants

- 5-6 t-shirts
- 3 long sleeve shirts\*
- 3 pairs of shorts\*
- 3 pairs of long pants\*
- 2 bathing suits
- 5-6 pairs of underwear
- 1 pair long underwear

### Outer Wear

- 1 good rain suit\*
- 1 wool sweater and/or fleece jacket
- 1 wool or fleece vest (optional)
- 1 toque

### Footwear

- 5-6 pairs of socks (2-3 wool hiking socks)
- 1 pair of boots\*
- 2 pairs of sneakers
- 1 pair of water sandals (eg. Tevas)  
(optional for in-camp)

### Toiletries

- 1 toilet bag
- 1 bar soap and container (biodegradable)
- 1 toothbrush and toothpaste
- 1 shampoo (biodegradable)
- 2 towels

### Miscellaneous

- 1 insect repellent
- 1 sunblock\*
- 1 water bottle\*
- 1 pair of sunglasses
- 1 hat with wide brim\*
- 1 small flashlight and batteries
- 1 camera with film and case (optional)\*
- 1 fishing rod with tackle and case (optional)
- stationary (envelopes, paper and pen)
- reading material
- cards and portable games (optional)

Paddles, life jackets, and waterproof river bags as well as all other tripping equipment will be supplied by the camp.

Please label everything with your name!

## Notes on Trip Gear

While most clothing decisions are a matter of personal choice, there are a few items that are absolutely essential to a comfortable experience for your child. We ask that parents ensure that their children arrive with the following items. Children who arrive without them will be issued new ones and invoiced at the end of the session.

### ***Essential***

#### ***Rain suit***

It is essential to have a two-piece suit (pants and jacket). This need not be a top-of-the-line 3-layer Gore-Tex mountaineering jacket, but it should be more substantial than a poncho or nylon windbreaker. A coated or rubberized synthetic suit built for hard use is good, and these are inexpensive and widely available. Gore-Tex is also fine, although not necessarily preferable.

## Notes on Trip Gear (continued)

### *Sleeping Bag*

Any standard summer-weight sleeping bag will do, with either down or synthetic fill. A sleeping pad is an option but not essential. If you want one, an inflatable Thermarest-style mattress is by far the best choice and worth the investment.

### *Water Bottle*

A sturdy one-litre plastic water bottle with a wide-mouth lid tethered to the main bottle, such as those made by Nalgene, is recommended. These are sold at most outdoors stores.

### *Hat and Sunscreen*

A hat with a good brim gives essential protection from the sun, especially when paddling on lakes. A baseball cap is fine, but a full, wide brim is recommended. All campers must have their own sunscreen.

### *Good Footwear*

Most people choose a light hiking boot to wear while tripping. These typically have good soles and ankle support and dry relatively quickly. We ask campers not to wear sneakers or Teva-type water sandals while travelling, but these are a good choice to have in camp and on campsites.

### *Good Socks*

White cotton athletic socks do not stand up well to hard use in hiking boots. Wool or dedicated hiking socks are much better.

### *Extra Warm Clothing*

Temagami can experience stretches of unseasonably cool weather. Please arrive with a toque and long underwear and at least one fleece jacket or pullover or heavy wool shirt.

### *Medication*

**Any camper who takes medication should arrive with twice the anticipated amount required.** The surplus will be held securely in reserve and be used only if the main supply gets wet or lost.

## ***Strongly Recommended***

### *Fanny Pack*

These are inexpensive and a good way to keep items like sunscreen and disposable cameras handy.

## ***Other Notes***

### *Pants, shorts, and shirts*

Light cotton or cotton/canvas work pants and shirts are excellent. So are many of the synthetic blends that are now available from outdoor stores. Jeans, sweatpants, and sweatshirts should be avoided.

### *Camera and film*

Single-use, waterproof disposable cameras are ideal for canoe tripping. If you prefer to bring a more sophisticated equipment, you will need a rigid, waterproof case (a "Pelican" case, for example).

**Please ensure all clothing is clearly identified with your name and do not hesitate to contact us if you have any questions about what is appropriate.**